



It can happen anywhere ... at work or school, at a concert or restaurant, or just walking down the street, you could suddenly find yourself in the midst of an attack where someone is trying to harm you and those around you.

Would you be ready?

Across the Kansas City region, public safety professionals are working together to help all of us learn simple steps we can take to be prepared, aware and proactive — to be **KC Ready**. Start with Level 1 activities advance to Levels 2 and 3 to take action. See details on the following pages.

PEOPLE AND FAMILIES



EVENTS AND VENUES



LOCAL GOVERNMENTS



LEVEL 1

LEARN

- Be aware of your surroundings.
- Know the risks.
- Know how and where to report suspicious activity.
- Get connected and stay informed.

ASSESS

- Conduct a site assessment.
- Know your risks and vulnerabilities.
- Connect with local law enforcement/public safety agencies.

PARTICIPATE

- Pass a KC Ready proclamation.
- Conduct assessments and know your risks.
- Connect/engage with regional planning committees.

LEVEL 2

PLAN AND TRAIN

- Make a plan and have an emergency supply kit.
- Learn to “Be the Help” — simple steps for life-saving support.
- Learn hands-only CPR.

PLAN AND TRAIN

- Develop an emergency plan.
- Train your staff on security procedures.
- Train your staff on first aid.
- Send managers to advanced training.

PROMOTE

- Share readiness information with your community.
- Host training classes.
- Encourage public safety personnel to help residents and businesses become KC Ready.

LEVEL 3

JOIN

- Join a Community Emergency Response Team or Neighborhood Watch.
- Download the PulsePoint app.
- Sign up for the Medical Reserve Corps.

EXERCISE

- Conduct internal exercises to test your plans.
- Participate in local and regional exercises.
- Update your plans regularly.

PRACTICE

- Conduct training and exercises with businesses, schools and others in your community.
- Participate in regional exercises.
- Implement baseline security standards at community events.



KC READY | FOR PEOPLE AND FAMILIES

LEVEL 1: LEARN

- Wherever you go, be aware of your surroundings. Mentally note exits, look for hazards, and be alert for suspicious activity.
- Know the risks and what to do for different types of disasters. Contact your local emergency management office for more information or visit PrepareMetroKC.org for more information.
- Know how and where to report suspicious activity. In an emergency dial 9-1-1. Contact your local law enforcement agency or call the TIPS hotline, 816-474-TIPS to remain anonymous. Email information about terrorist threats to the Kansas City Regional Fusion Center at info@kcrfc.org.
- Stay informed. Connect to your local law enforcement or emergency management office through social media and sign up for local emergency notification systems.

LEVEL 2: PLAN AND TRAIN

- Life-threatening emergencies can happen fast and emergency responders aren't always nearby. You may be able to save a life by taking simple actions immediately. Take "You Are the Help Until Help Arrives" training to learn how to provide life-saving support in five simple steps. [\[need link\]](#)
- Hands-only CPR can double or triple a cardiac arrest victim's chance of survival. Find training in your area [\[need link\]](#)
- Make a plan, have a supply kit, and know what actions to take before, during and after an incident. Learn more at PrepareMetroKC.org.
- Participate in active shooter training. Contact your local law enforcement agency to learn more.

LEVEL 3: JOIN

- Volunteer for your local Community Emergency Response Team (CERT) to learn about disaster preparedness and basic disaster response skills. To learn how you can join CERT, contact your local emergency management office.
- The Medical Reserve Corps of Greater Kansas City is a network of medical and non-medical volunteers who can be called on to support public health initiatives, from routine screenings to emergency response. Visit mrckc.org to learn how you can get involved.
- Sign up for Neighborhood Watch, a crime prevention program teaches neighbors to identify and report suspicious activity in their neighborhoods. To find a program, contact your local law enforcement agency.
- Once you learn CPR, download the PulsePoint app. Emergency dispatchers can alert trained volunteers when someone nearby is having a cardiac emergency. Learn more at pulsepoint.org.

