





Spicy Collard Greens

Ingredients:

- 4 pounds of collard greens, about 2-3 bunches
- 3 cups chicken of vegetable broth, low sodium
- · 2 medium onions, chopped
- · 3 garlic cloves, crushed
- 1 teaspoon red pepper flakes (optional if you don't want it spicy)

Instructions:

- Wash and cut collard greens into bite-sized pieces.
 Stems can also be used if cut into small pieces.
- Add all ingredients to a large skillet. Bring to a boil.
 Once boiling, reduce heat and cover. Simmer for 25 minutes.

8 servings



A program of University of Missouri Extension

Source: seasonalandsimple.info