



Peanut Butter and Fruit Pita Pockets

Ingredients:

- 2 apples, pears, bananas or peaches (choose a combination of 2 total)
- 2 (6½ inch) whole wheat pita bread pockets
- ¼ cup smooth or chunky peanut butter

**Seasonal
and Simple**

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Instructions:

1. Wash and slice fruit.
2. Cut pitas in half.
3. Warm each pita half in the microwave for about 10 seconds.
4. Carefully open each pocket. Spread 1 tablespoon of peanut butter on the inside walls of each pita half. You may need to warm the peanut butter in the microwave for a few seconds.
5. Fill each pocket with sliced fruit.
6. Serve at room temperature.



Source: seasonalandsimple.info