



Confetti Plum Pasta Salad

Ingredients:

- 8 ounces (about half the package) colored corkscrew pasta (or any favorite shape)
- ½ red bell pepper, cut into strips
- ½ yellow bell pepper, cut into strips
- ¾ cup jicama, peeled and sliced
- ½ cup chopped red onion
- 4 plums, sliced
- 2 tablespoons fresh basil, chopped (or use 1-2 teaspoons dried
- 1 teaspoon pimiento, diced (or favorite chili pepper)
- 1 teaspoon fresh ginger, finely grated (or use ½ teaspoon dried ground ginger)
- 2 tablespoons rice or white wine vinegar
- 2 tablespoons vegetable oil
- 1 teaspoon sugar
- 1/8 teaspoon salt
- 1/8 teaspoon pepper

Seasonal and Simple A program of University

of Missouri Extension

See instructions on reverse.

Source: seasonalandsimple.info

Confetti Plum Pasta Salad continued

Instructions:

- 1. Cook the pasta according to the package directions. Drain.
- 2. Rinse briefly under cold water and drain.
- 3. In a large bowl, toss together the pasta, red and yellow bell peppers, jicama, onion and plums.
- 4. In a small bowl, whisk together the basil, pimiento, ginger, vinegar, oil, sugar, salt and pepper until blended
- 5. Drizzle the dressing over the salad and toss until evenly coated.

Enjoy making this healthy and delicious recipe!

Visit marc.org/kcfresh for more information and recipes.

