

# Asparagus, Peas and Pasta



## Ingredients:

- 2 cups penne pasta
- ½ pound asparagus, cut diagonally into 1-inch pieces
- ½ pound peas, removed from pods (can also use frozen peas)
- 1 cup low-fat parmesan cheese, grated
- 1 tablespoon of olive oil
- 1 teaspoon dried oregano

## Instructions:

1. Prepare pasta according to package directions. Add asparagus and peas for the last minute of cooking.
2. Drain pasta and vegetables and toss with remaining ingredients.

**Seasonal  
and Simple**

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